

Organisation	Information	Contact Details	Open Hours
<b>Centrecare</b>	Provides services including but not limited to: accommodation & support; general counselling; family domestic violence counselling; family relationship counselling; gambling help; mental health; financial advice; youth & family counselling	9325 6644  Perth  Gosnells  Midland  Mirrabooka  Joondalup	Fee dependent on household income
<b>Ishar Multicultural Services</b>	Free counselling , referrals and support programs for women.  Interpreters and bilingual workers available.	Ph: 9345 5335  21 Sudbury road, Mirrabooka	Monday to Friday 9-4
<b>Headspace</b>	Acts as a one-stop shop for young people who need help with mental health, physical health (including sexual health), alcohol and other drugs or work and study support.	9208 9555  Armadale  Joondalup  Midland  Osborne Park	Free Service
<b>Relationships Australia</b>	Offer services around the country that include counselling, family dispute resolution (mediation) and a range of family and community support and education programs.	1300 364 277	Fee dependent on household income
<b>Women's Health Care Place</b>	General counselling.  Creche available Mondays and Tuesdays.	Midland  9250 2221	Based on income \$15 - \$40
<b>MercyCare</b>	The Family Wellbeing Support Service is for children up to the age of 18 who are showing early signs or are at risk of developing	1800 800 046	Can call Monday to Friday 9am -

<b>(For children)</b>	<p>mental health issues.</p> <p>Provides counselling, advocacy and short term intensive supports.</p>		4pm
<b>ASeTTS</b>  <b>(Association for services to Torture and Trauma Survivors)</b>	<p>Provides counselling services for people from refugee backgrounds and asylum seekers.</p> <p><a href="#">Make a Referral - ASeTTS</a></p>	9227 2700	Monday to Friday 9am-5pm
<b>Community Mental Health Mirrabooka</b>	Both emergency and non-urgent psychiatric services for adults aged 18-65 who have a mental illness.	9344 5400	Monday – Friday 8:30am-5pm